

EAST ELEMENTARY SCHOOL NURSE NEWS

12 DAYS UNTIL SCHOOL STARTS!

Hello Parents!

My name is Jenyce Schaad. I will be your child's school nurse at East this year. I am so excited that the kids will be returning to their school buildings soon! It will be an interesting year, but we will make it work. I wanted you to know that I will do my best to care for the kids at school, but I am going to need some help from you.

The guidance that's been given to us from health officials states that parents need to screen their children for fever and other symptoms *every day* before coming to school. Please see the reverse page for information on how to do that and keep it in a place that can be referenced (i.e. refrigerator) easily.

If your child complains of any of these symptoms while at school, they will be guided to the clinic to be assessed. If they need to go home, we will contact you to have them picked up. It is extremely important that we have current contact information for your child should this occur.



If you have any health questions/concerns, feel free to contact me:
330-364-7110 or schaadj@dovertornadoes.com

In Good Health,

Jenyce Schaad, BSN, RN, LSN
Dover School Nurse



Dover City Schools COVID-19 Guidelines



You need to stay home if:

You are experiencing ANY of the following symptoms:

- Temperature of 100 degrees or higher
- New onset of cough
- Chills
- Shortness of breath
- Sore throat
- New onset of headache
- Loss of smell and/or taste
- Muscle pain
- Diarrhea, vomiting, or abdominal pain

- Been within 6 feet of someone diagnosed with COVID-19 for more than 15 cumulative minutes over the last 48 hours

When you may return to school:

If you have a Positive Covid Test

- You may return after 10 days
AND
- No fever for 24 hours without the use of medication and symptoms have improved

No Covid Test

- You may return if ALL symptoms improve
AND
- No fever for 24 hours without medication prior to returning
OR
- Doctor's note indicating alternative diagnosis

Negative COVID Test

- No fever for 24 hours without medication
AND
- Symptoms have improved

Exposure to COVID

- May return after 14 days after last exposure
AND
- Have no symptoms

Please call the East School office to report your child off from 8:00-8:45
330-364-7114



Pautas COVID-19 de las escuelas de la ciudad de Dover
Necesita quedarse en casa si:



Está experimentando CUALQUIERA de los siguientes síntomas:

- Temperatura de 100,4 grados o más
- Nueva aparición de tos
- Resfriado
- Dificultad para respirar
- Dolor de garganta
- Nueva aparición de dolor de cabeza
- Pérdida del olfato y / o gusto
- Dolor muscular
- Diarrea, vómitos o dolor abdominal

- Ha estado a menos de 6 pies de alguien diagnosticado con COVID-19 durante más de 15 minutos acumulativos durante las últimas 48 horas

Cuándo puede regresar a la

Si tienes un Prueba de Covid positiva

- Puede regresar después de 10 días
Y
- Sin fiebre durante 24 horas sin el uso de medicamentos y los síntomas han mejorado

Sin prueba de Covid

- Puede regresar si **TODOS** los síntomas mejoran
Y
- Sin fiebre durante 24 horas sin medicación antes de regresar
O
- Nota del médico que indica un diagnóstico alternativo

Prueba COVID negativa

- Sin fiebre durante 24 horas sin medicación
Y
- Los síntomas han mejorado

Exposición a COVID

- Puede regresar después de 14 días.
Y
- No tiene síntomas

**Llame a la oficina de East School ara informar a su hijo de 8: 00-8: 45 AM:
 330-364-7114**